



Fort Sam Houston

News Leader®



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Fort Sam Houston — Home of Army Medicine

August 15, 2002

West Nile Virus found in dead bird on post

By Capt. Brian Evans
Special to the News Leader

Fort Sam Houston was notified on Friday that a dead grackle collected on post was confirmed as testing positive with West Nile Virus. The bird was submitted to the Fort Sam Houston Veterinary Activity on July 24 and was shipped to the USGS (United States Geological Survey) National Wildlife Health Lab, Madison Wisconsin for testing. No human cases or positive pools of mosquitoes have been found.

An extensive, enhanced surveillance and testing program is in place on Fort Sam Houston. Mosquito traps to monitor mosquito population density and to collect adult female mosquitoes for WNV analysis are placed in several locations throughout the installation by Preventive Medicine Environmental Health Section personnel. Mosquito traps generally operate 2-3 nights per week. Trapped mosquitoes are sent to The Texas Department of Health for WNV testing. The Installation Veterinary Activity will send dead birds suspected of being infected with West Nile Virus, to the United States Geological Survey Activity in Wisconsin for analysis.

Larviciding in specific areas will be performed where necessary. Managing the mosquito populations and protecting residents from WNV is a cooperative effort. Fort Sam Houston residents and building managers are urged to continue to look for ways around homes, buildings and general use areas to reduce mosquito primary breeding grounds, standing water, and report dead bird sightings to the Installation Veterinary Activity at 295-4260 or to BAMC Preventive Medicine Services at 295-2500.

Fort Sam Houston residents are urged to reduce standing water around the home in a variety of ways.

- Source reduction activities include:
- Do not allow puddles to form on your lawn as a result of excessive watering.
 - Place tiny holes in the bottom of



Photo by Don Young

Public Works Business Center pest controller, William Graves, operates a mosquito fogger at a training area at Fort Sam Houston on Monday. In an effort to control mosquito and other insect infestations, a full-scale fogging program on the installation, to include family housing areas, began Monday and will continue through Friday.

recycling bins that do not have lids.

- Repair leaky pipes and outside faucets.
- Replace the water in birdbaths.
- Get rid of old tires.
- Prevent bottles, tin cans, buckets or drums from collecting water.
- Wear a long sleeve shirt or pants if you are going to be outdoors at dawn, dusk, or the early evening.
- Spray insect repellent on your clothing and rub it gently on your face, ears, neck, and hands (especially if you will be outdoors after dusk or before dawn). For children between the ages of 2 and 12 years, recommend a DEET concentration between 5 and 10 percent. For older individuals, recommend a concentration from 20 to 30 percent.

Following the precautions above will support command initiatives to protect the health and quality of life of the post community residents.

Mosquito fogging of the entire post including family housing areas to control insect infestations, especially mosquitoes began on Monday by the Post Pest

Control Shop, and will continue through Friday. Residents are reminded to keep children away from the fogging vehicle.



Photo by Don Young

Robert Perez, Army Medical Department Center and School Zoology Department, calibrates a mosquito fogger for Rudy Sandoz of Public Works Business Center, who conducts fogging operations at Camp Bullis and Fort Sam Houston. Fogging will continue Monday through Friday, from 4 to 6 a.m. and 8:30 to 10:30 p.m.

FSH school district earns coveted TEA exemplary rating

By Gail Siller
Special to the News Leader

The 2002 accountability ratings recently issued by the Texas Education Agency for school districts and individual campuses in the State of Texas reflect great news for the Fort Sam Houston Independent School District.

For the first time, Fort Sam Houston Elementary School was in the elite group of 1,908 campuses in the state designated as "exemplary" schools for their students' academic success on the Texas Assessment of Academic Skills (TAAS) tests. Additionally, the Fort Sam Houston School District itself was honored as one of only 143 out of Texas' 1040 districts to earn the coveted exemplary district rating. Robert G. Cole Junior/Senior High School earned a "recognized" rating this year, the second highest rating given by the state.

"Our school board and staff believe that excellence begins with high expecta-

tions," stated Superintendent of Schools Dr. Anne S. Kiehle. "This recognition truly reflects a team effort of our students, parents, faculty, and administrators."

"We especially congratulate the Fort Sam Houston Elementary School students and faculty as they have been so close to earning this exemplary recognition for the past four years," added Kiehle. "They missed it by five-tenths of a percent one year, so I know how proud they are to have reached this goal."

"The performance of Cole's students on these state-mandated exams is consistently high as well," said Kiehle. "Their accomplishments are particularly noteworthy as Cole just narrowly missed being named exemplary for the second year in a row."

Accountability ratings are based on the percentage of students and student groups passing the reading, writing, and mathematics sections of the TAAS test as well as the Social Studies test given at the eighth grade and the dropout rate. Districts can

earn one of four ratings: exemplary, recognized, academically acceptable, and academically unacceptable. Campuses can earn ratings of exemplary, recognized, acceptable and low performing.

To achieve the top rating this year, at least 90 percent of all students and each student group (African-American, Hispanic, white, and economically disadvantaged) had to pass the reading, writing, and mathematics sections of the TAAS test. Additionally, students had to achieve a 90 percent or better passing rate for all students on the Social Studies TAAS test and have an annual dropout rate of one percent or less for all students and each student group.

To earn a recognized rating, the district or campus must have an annual drop-out rate of two percent or less and a TAAS passing rate for all students and each student group of at least 80 percent in each subject area.

This year, 143 districts and 1,908

campuses earned the exemplary rating, compared to 178 districts and 1,571 campuses last year. The second-highest rating, recognized, was awarded to 2,400 campuses and 425 districts. The number of acceptable campuses dropped from 2,469 in 2001 to 2,070 this year and the number of acceptable districts increased from 390 last year to 454 this year.

Because of significantly higher standards in place this year, the number of campuses earning low-performing status increased from 100 in 2001 to 162 in 2002. Seventeen districts received an academically unacceptable rating, compared to one in 2001.

"Just like our students, this original rating system has grown and developed each year since lawmakers created it in 1993. Today, the standards districts and schools must meet are far higher than they were when the system began, but our schools and districts have risen to the

See TEA Page 3

Briefs

AUSA Chapter Luncheon, Aug. 15

Lt. Gen. James B. Peake, The Army Surgeon General and commander, U.S. Army Medical Command, will be the keynote speaker at the AUSA Chapter Luncheon, Aug. 15, 11:30 a.m. at the NCO Club. See your unit's Command Sergeant Major for tickets.

Coliseum Road Gate Closure

The Coliseum Road Gate at Interstate Highway 35 will be closed to all traffic for one week beginning at 6 a.m., Aug. 19. The gate will resume regular operation hours from 6 a.m. to 6 p.m., Aug. 26.

BNOC Graduation, Aug. 27

The Basic Noncommissioned Officer Course, Class 042, invites you to its graduation ceremony Aug. 27, 9 a.m. at Blesse Auditorium, Building 2841 Stanley Road.

End of Month Retirement, Aug. 29

A consolidated end of month retirement ceremony will be held Aug. 29 at 7:45 a.m. at Blesse Auditorium in Willis Hall, Bldg. 2840. The public is invited.

FSH Garrison EEO Office Closed, Aug. 29

The Fort Sam Houston Garrison Equal Employment Opportunity (EEO) Office will be closed Aug. 29 to conduct training.

NCO Academy Dedication Ceremony, Sept. 4

The public is invited to a ceremony dedicating the NCO Academy as the new SMA (Ret.) Leon L. Van Autreve Hall in honor the late Sgt. Maj. Leon Van Autreve on Sept. 4, 1:30 p.m. at Bldg. 1397.

Rumsfeld describes what he'd like to see in Iraq government

By Sgt. 1st Class Kathleen T. Rhem
American Forces Press Service

Defense Secretary Donald Rumsfeld Friday described his vision of an ideal replacement government for the regime of Iraqi dictator Saddam Hussein. He told reporters about four things he'd like to see.

food program pays for Hussein's development of weapons of mass destruction.

"Third, we'd like to see a regime that decided it didn't need to invade its neighbors," Rumsfeld said. He described this provision as "kind of a reasonable thing."

enough to not promote change.

"Democracy is untidy. Freedom is untidy. Liberation is untidy," he said.

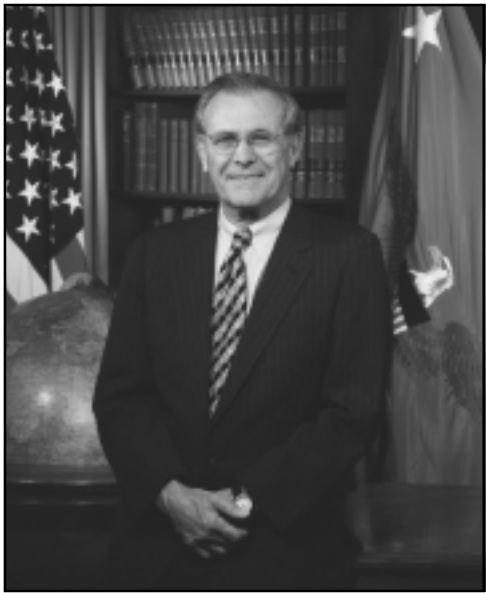
Also at the briefing, Air Force Gen. Richard Myers, Joint Chiefs chairman, dismissed recent comments by Saddam Hussein as "bluster." Hussein said Aug. 8 that any troops invading Iraq would be "buried." Myers called such remarks "fairly characteristic of the Iraqi regime and the man himself."

Rumsfeld went on to explain that the United States' previous policy of containment isn't working with regards to Hussein. He said economic sanctions historically have only worked for a limited time, and that time has passed in Iraq's case.

"It is very clear that the political and economic sanctions with respect to Saddam Hussein have not worked," he said.

Operations Northern and Southern Watch have only had limited success as well, Rumsfeld said, noting Hussein still has anti-aircraft weapons in those areas.

"He's not hit us fortuitously, but by the same token we've not done a great deal of damage to his air defenses," the secretary said.



Donald Rumsfeld
Secretary of Defense

He also pointed out that after the Persian Gulf War, Hussein agreed not to build a weapons of mass destruction program. "We know he does have one, and he is continuing it," Rumsfeld said.

"There's no way any reasonable person could look at that record and say that (the policy of sanctions alone has) worked," he said. "It hasn't worked, and it's not working."

"There's no way any reasonable person could look at that record and say that (the policy of sanctions alone has) worked... It hasn't worked, and it's not working,"

Donald Rumsfeld
Secretary of Defense

First, "we would like to see a country that is a single country and not have Iraq broken up into pieces," Rumsfeld said in a Pentagon media briefing.

Second, America would like to see a country that "forswears weapons of mass destruction." Rumsfeld said he'd like to see an Iraqi government that says, "We're not going to take the people's money and invest in chemical, biological and nuclear weapons — which they are doing today."

He said much of the money Iraq has been receiving under the UN oil-for-

And fourth, he said, the Iraqi people ought to have a voice in running their own country. He said the Iraqis should have institutions that have served other countries across the globe so well — "some reasonable rule of law, some respect for the rights of minorities, and some way for the people to have their views represented."

Rumsfeld noted that the U.S. government's official policy since 1998 has been to work toward regime change in Iraq and that such a change might be "untidy." But that shouldn't be reason

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Parents of special needs children need to do homework

By Rudi Williams
American Forces Press Service

Parents of children with special needs have homework to do before they move from one base to another.

That's the advice Luz Adriana Martinez gave conferees during a discussion session at the recent 4th annual Military Child Education Coalition conference in San Antonio, Texas.

Martinez knows what she's talking about because she has moved several times with her daughter, also named Luz Adriana, 13, who has mental retardation, insulin-dependent diabetes and impaired vision. Martinez is also a parent education coordinator in the Specialized Training of Military Parents (STOMP) office in Sierra Vista, Ariz., home of Fort Huachuca.

STOMP is a federally funded parent training and information center that assists military families who have children with special education or health needs. STOMP provides individual assistance and information about parental rights and responsibilities in obtaining special education services for their children, whether stateside or overseas.

The program was started in 1985 in Tacoma by Washington PAVE — Parents Are Vital in Education — and is funded through a grant from the Department of Education.

Headquartered in Tacoma, Wash., the STOMP staff are parents of children who have disabilities and have experience

in raising their children in military communities and traveling with their spouses to different locations around the world.

Parents should take several steps to minimize problems for their disabled children at a new duty station, Martinez said. However, she added, the necessary steps depend on whether the child has medical or education needs or both. Using her daughter's conditions as an example, she said her family needed a combination of educational and medical assistance.

Parents should start checking on services at a new duty station as soon as they receive orders to move, Martinez emphasized. In her own case, she had to take several steps when she and her family, Army Maj. Erasmo "Tito" Martinez and daughters, Luz, and Brenda, 11, received orders to move from Fort Hood, Texas, to Fort Huachuca.

She contacted the Sierra Vista school district and told officials about her daughter's condition. Then she sent the school a copy of her daughter's individualized education plan to show what she'd been doing in school so far.

Martinez asked questions: "What do we need to do when we get there — re-evaluate my child?" "Will you be able to offer the same services?" "What services are available in your school district for a child that has my daughter's needs?"

Satisfied with the school's responses, Martinez called the

Fort Huachuca hospital to inquire about medical services. She told the hospital representatives that young Luz's doctor at Fort Hood said she needs to see a pediatrician and an endocrinologist every three months.

"Usually, military installations don't have such a level of specialties," she noted. But they said services would be available in Tucson, about 75 miles away.

She asked if the hospital dispensed such supplies as insulin and syringes for diabetics. "They said, yes, and that TRICARE has contracted with local pharmacies for reduced co-sharing payments on brand-name medication or a minimal payment on generic medicine," Martinez said.

She asked who her daughter's attending doctor would be and then called him to discuss her daughter's medical needs.

"Parents have to be proactive," said Martinez, who arrived at Fort Huachuca in June 2001. Her daughter is in seventh grade special education classes at Sierra Vista Middle School.

One of the easiest and fastest ways to get assistance is to contact STOMP before moving, Martinez noted.

"We can put newly arrived parents in contact with parents who are already at the installation who have children with special needs," she said. "We can also put you in contact with the local parent, training and information center, which all states have."

The center teaches parents

how to be better advocates for their children, Martinez said. Plus, the center's staff knows about such local resources as health and human services, how to apply for supplemental security income, how to apply for Medicare and other services.

"They also know about waivers parents may be entitled to make their life a little bit better," she said.

"We don't have any staff overseas, but we work with parents ... who are overseas," Martinez noted. "We also work with military medical facilities overseas, especially the Exceptional Family Member Program."

One might think that parents of special needs children would know about most of the services available and how to take care of their children. But Martinez posed several questions. She asked, what if:

- You're overseas and your newborn has special needs?
- Your baby's premature, isn't developing and needs early medical intervention?
- The parents didn't know their child has autism until they got overseas.
- We have traumatic brain injury? A pool drowning? A car accident? Momma develops cancer?
- The child has insulin-dependent diabetes or asthma?

"We can have our regular babies, but we can develop special needs babies, too," Martinez said.

For more information, she

said parents should contact the STOMP Web site at www.washingtonpave.org/stomp.html. Parents and professionals can also join STOMP's e-mail subscriber list by sending a blank e-mail to STOMP-subscribe@topica.com. The toll-free number for STOMP headquarters is 1-800-5PAR-ENT.

"Anybody can call us collect from anywhere in the world, not only parents, but professionals, too," she added. The phone numbers are: Sierra Vista office, (520) 249-3775; and Fort Campbell, Ky., area regional office, (270) 640-9000.

"We'll come to the installations and do workshops," Martinez noted. "We also have a yearly conference where we have teams of parent professionals and a local school person come and learn laws, regulations and have intense training on special education."

Installation officials interested in hosting a workshop can call 1-800- 5PARENT or call collect 1-253-565-2266 (Tacoma area) from anywhere in the world.

Parents of children with special needs can also get help from such organizations as Special Needs Network, www.mfrc.calib.com/snn; Air Force Crossroads (for all services) www.afcrossroads.com; Standard Installation Topic Exchange Service, www.dmdc.osd.mil; or The National Information Center for Children and Youth with Disabilities, nichcy.org.

Deadline approaches for high school stabilization program

Army News Service

Soldiers with high school seniors who graduate in 2004 should start talking to their assignment branch now if they wish to be stabilized at their present duty station for their child's graduation, said personnel officials.

More than 1,300 soldiers, non-commissioned officers and officers have signed on to this program since its inception in April 2001.

"My family has made great sacrifices for me and my military career," said Sgt. 1st Class Raymond Almendarez, medical operations sergeant in Camp Casey, Korea. "So, it is only fitting that the military and I should reward my son by allowing him to finish his senior year."

Almendarez was one of 1,380 soldiers who have applied for the stabilization program. So far 1,155 enlisted personnel have applied for stabilization. Of these, 1,153 were approved.

"Approximately 48 percent

of the requests came from the sergeant-first-class rank," said Lt. Col. Patrick Sedlak, Enlisted Personnel Management Division at the U.S. Total Army Personnel Command. "We did, however, have command sergeants major through privates first class apply as well."

More than 225 officers have applied for the program as well. Of these, 220 were approved.

Soldiers must submit requests not later than 12 months prior to the beginning of the senior school year. For example, if the student's senior year starts in September 2003, the request must be submitted to PERSCOM not later than September 2002.

Soldiers may initiate a request for stabilization by submitting a DA Form 4187 listing the family member's name and social security number. The family member must be enrolled in the Defense Eligibility and Enrollment Reporting System, better known as DEERS. A letter from the high school stating when the family member is projected to graduate must be attached to the

4187.

Soldiers stationed overseas must state on the form that they will extend their foreign-service tour to meet the stabilization requirement.

Enlisted soldiers must also list any scheduled training, such as schooling or temporary duty enroute, on the 4187. Officers with scheduled training should contact their branch assignment officer to reschedule that training.

Stabilizing Army families with high school seniors to reduce turbulence was among the top recommendations of an Army Education Summit held in July 2000. Army Chief of Staff Gen. Eric K. Shinseki heard the summit's out-brief and promised attendees to move forward quickly on the recommendations.

PERSCOM remains the approval authority for all stabilization requests.

Source: This article was released to ARNEWS by PERSCOM.)

FSHISD earns top rating

TEA from page 1

challenge. In 1994, only six districts earned an exemplary rating. Today 143 earned this highest honor. We've jumped from 67 exemplary schools in 1994 to a phenomenal 1,908 today. That's impressive performance in anyone's book," announced the Commissioner of Education Felipe Alanis when he released the state ratings earlier this month.

Despite facing higher accountability standards this year, improved academic performance and a declining dropout rate statewide meant that the state of Texas, as a whole, achieved the equivalent of the recognized rating level for the second year in a row.

"Texas schools continue to grow stronger academically. We know there is still work to be done, but the improved academic performance we have seen in this state since the accountability system began is a testament to the hard work of educators, students, and parents," Alanis said.

A new accountability system will debut in 2004 that is based on the Texas Assessment of Knowledge and Skills (TAKS) and high school completion rates, rather than the TAAS and annual dropout rates. The more rigorous TAKS exams will cover more grades and subjects than the current system does.

At the district level for the 2001 – 2002 school year, Fort Sam Houston ISD had no students (0 percent) dropout in grades seven through twelve. See chart showing the percentage of students passing the Texas Assessment of Academic Skills test on page 16.

Cole students' outstanding academic performance earns them many tributes. Shown here is Cole principal Dr. Roland Rios congratulating Class of 2002 senior Joseph Gresenz at the spring Cole Awards Ceremony as JROTC Instructor U.S. Army retired Lt. Col. Robert Hoffmann announces that Gresenz has accepted an appointment to the United States Military Academy.

Launch of arthritis.com takes access to arthritis information to a new level

Forty-three million Americans with arthritis now have a new way to research information about their condition thanks to www.Arthritis.com an interactive Website launched in May during National Arthritis Month, a yearly observance dedicated to the leading cause of disability in the United States.

Arthritis.com features animated graphics depicting the most common forms of arthritis-rheumatoid arthritis and osteoarthritis; seasonal tips designed to help manage arthritis; an exten-

sive glossary and links to non-profit and research organizations such as the Arthritis Foundation, and the American College of Rheumatology; as well as specific tips for activities ranging from Pilates to gardening. Readers can also sign up for a weekly or monthly arthritis newsletter that provides up-to-date information on new treatments and the latest happenings in the arthritis community.

In addition to the information provided, the Website also supports the rising consumer

demand for quality, tailored information. On Arthritis.com viewers can personalize their content to include topics of interest concerning them or a loved one.

"The availability of Arthritis.com provides consumers with comprehensive, credible information that can help start a dialogue between patients and healthcare providers," said Dr. Catherine Sullivan, a rheumatologist with a private practice in New York. "I found that the more patients are informed about

their condition the more likely they are to demand help for themselves and those they love."

According to Harris Interactive approximately 110 million users, particularly those over the age of 65, search the Web for topics relating to health care an average of three times a month-a number that has doubled in only four short years. Additionally, a separate study by the Kaiser Family Foundation found that 75 percent of young adults surveyed also research health information online-a higher percentage than



New drug delivery methods may offer increased hope for osteoporosis patients.

those who played games online or downloaded music.

Arthritis.com is sponsored by Pharmacia Corporation. For more information about managing arthritis, log on to Arthritis.com.

Source: North American Precis Syndicate

Developing new osteoporosis treatments

There is encouraging news for the estimated 44 million people in the U.S. affected by osteoporosis, a condition characterized by low bone mass and fragility. In fact, new treatment options are helping reduce the risk of fracture and disability associated with the disease.

Osteoporosis is responsible for 1.5 million fractures per year, with \$17 billion spent annually in the U.S. for medical costs of treating osteoporosis-related fractures. One out of every two women over the age of 50 will have an osteoporosis-

related fracture in her lifetime.

Until recently, most treatments for osteoporosis-bisphosphonates, estrogen therapies and calcium supplementation-were focused primarily on only slowing bone loss. However, new developments and delivery methods may offer improved treatment options and hope for patients. For example, a drug called parathyroid hormone (PTH) is currently being developed to actually rebuild the bone mass lost due to the effects of osteoporosis.

Unigene Laboratories and

GlaxoSmithKline are jointly developing an oral formulation of PTH. In a landmark \$150 million licensing collaboration, the companies hope to target a market estimated in excess of \$1 billion. An injectable form of the drug to be marketed by Lilly, received an approvable letter from the FDA last year.

In addition, a drug called calcitonin has the most favorable safety profile of any currently marketed osteoporosis drug and has been shown to reduce bone pain. Calcitonin is currently available in the United States in

a nasal delivery system.

Unigene's oral form of calcitonin has undergone early clinical testing and is considered an effective method for delivering calcitonin into the bloodstream; such a medication would be expected to have a nearly \$1 billion worldwide market share.

Unigene's calcitonin is already being sold in injectable form in Europe and China for the treatment of osteoporosis and/or Paget's disease and hypercalcemia.

Unigene is a biopharma ceutical company focusing on the

oral and nasal delivery of large-market peptide drugs as an alternative to injectable forms of these drugs.

Due to the size of the worldwide osteoporosis market, the company is targeting its initial efforts on developing calcitonin and PTH-based therapies.

Unigene's patented oral delivery technology has successfully delivered, in preclinical and/or clinical trials, various peptides including calcitonin, PTH and insulin.

Generic drugs: what everyone should know

An estimated 44 percent of all prescriptions in the United States are filled with generic drugs. These products carry all the medicinal qualities (and side effects) of their brand-name counterparts, but generics tend to have one additional benefit: lower cost.

According to the U.S. Food and Drug Administration (FDA), a generic drug is a copy that is identical to a brand-name drug in dosage, safety, strength, how it is taken, quality, performance and intended use.

New drugs, like other new products, are developed under patent protection. The patent protects the investment-including research, development, marketing and promotion-by giving the company the sole right to sell the drug while the patent is in effect.

When patents or other periods of exclusivity on brand-name drugs are near expiration, manufacturers can apply to the FDA to sell generic versions.

For example, in the 1950s, when the analgesic acetaminophen was developed, it was only available under its brand name-Tylenol. Today, acetaminophen can be found in many other pain-relief products, including generic and store-brand versions.

"FDA-approved generic drugs

are bioequivalent and therapeutically equivalent to their brand-name counterparts," says Gary Buehler, director of FDA's Office of Generic Drugs. "People can use them with total confidence."

Both brand-name and generic drug facilities must meet standards of good manufacturing processes. The FDA conducts about 3,500 inspections each year to ensure standards are met. Generic firms have facilities comparable to those of brand-name firms. In fact, brand-name firms account for an estimated 50 percent of generic drug production. They frequently make copies of their own or other brand-name drugs but sell them without the brand name.

To learn more about generic drugs, contact your physician, pharmacist or insurance company. Or visit the FDA Web site at www.fda.gov/cder/ogd/index.htm.



BAMC Urgent Care Clinic New Hours

Effective Aug. 1 the new clinic hours for the Urgent Care Clinic are 8 a.m. to 11 p.m.

Health Promotion Center August Class Schedule

Class	Date	Time
Aerobics	15	11 a.m.-Noon
Tobacco Relapse Intervention Program	15	11 a.m.-Noon
Back Pain	15	2-3:30 p.m.
Body Fat Testing	16	8-11 a.m.
Men's Health	16	9-11 a.m.
Cholesterol and Lipids	19	9-11:30 a.m.
COPD Part 1	19	1-4 p.m.
Arthritis	20	9:30-11 a.m.
Aerobics	20	11 a.m.-Noon
Diabetes Education	20	12:45-4 p.m.
High Blood Pressure	21	9 a.m.-Noon
Office Yoga	21	Noon-1 p.m.
Aerobics	22	11 a.m.-Noon
Weight Management	22	1-3 p.m.
Tobacco Cessation		
"Readiness to Change"	22	Noon-2 p.m.
Breast Health	23	11 a.m.-Noon
Cholesterol and Lipids	26	9-11:30 a.m.
Aerobics	27	11 a.m.-Noon
Diabetes Education	27	12:45-4 p.m.
Office Yoga	28	Noon-10 p.m.
Aerobics	29	11 a.m.-Noon

Call the Health Promotion Center to register for all classes at 916-3352, except Fibromyalgia Self-Help, Fibromyalgia Support Group, Diabetes Education, Diabetes Support Group, Weight Management. To register for Diabetes Education call the Internal Medicine Clinic at 916-0840 (even if you are in Tricare Prime), select option 2. To register for Weight Management call Nutrition Care Division at 916-5525. Fibromyalgia Self-Help requires your primary care provider to send a consult to Behavioral Medicine Clinic.



photo by Edward Rivera

Members of the 79th Ordnance Battalion, who recently returned from Afghanistan, received Army commendations Aug. 13 for their contributions in support of U.S. forces and coalition explosive ordnance disposal. Presenting the Bronze Star and Army Commendation medals were Col. Steven C. Moores, 52nd Ordnance Group, commander (standing far right), Lt. Col Patrick J Kelly, 79th Ordnance Battalion, commander (left of Col. Moores) and Command Sgt. Maj. Steven M. Carpenter (standing far left). Standing from left to right, Staff Sgt. Jose M. Urdialez III, Army Commendation Medal, Pvt.1st Class Adriel L. Songao, Certificate of Achievement, Maj. James K. Farris, Bronze Star Medal, 1st Lt. Roger Miick, Army Commendation Medal, Sgt. 1st Class John E. Landry, Army Commendation Medal, and 1st Lt. Kevin A Wynes, Army Commendation Medal. Kneeling from left to right are Maj. Geoffrey D Stevens, Bronze Star Medal, Staff Sgt. Dana E McClanahan Jr., Army Commendation Medal, Sgt. Anthony A. Caracusa, Army Commendation Medal, Spc. Erik Noriega and Capt. Donald Clarkson, Joint Service Commendation Medal.

ITBC arranges to send billing statements directly to cell phone customers

In an effort to provide accurate, timely and detailed billing to our cellular customers, the Information Technology Business Center (ITBC) has arranged for all cellular vendors to send detailed billing directly to customers. Customers will still order cellular phones through the ITBC, but will receive billing direct from the vendor, and pay vendors using the organization's Government IMPAC Card. Initial billing for new phones will include the start-up cost for new wireless equipment, along with the first monthly bill. The customer's organizational Budget Office/Government IMPAC credit card holder will be required to pay the vendor invoice for the service.

This change also applies to cellular telephones currently on-hand at each organization. The changeover process began 23 July 2002 with AT&T. All remaining vendors will be converted over the next few weeks. We anticipate that by the middle of September all bills for cellular service will be going directly to each customer.

By sending the vendor billing directly to the using organization, the unit or organization Telephone Control Officer (TCO) will be able to review and certify the cellular accounts in a timely manner each month. The organization Budget Office POC will use their Government IMPAC credit card to process payment for each month's cellular expenses.

Questions or comments concerning this change should be directed to Ted Rodriguez, 221-3975 or email theodore.rodriguez@cen.amedd.army.mil.

SAMC collects school supplies during August

The members of the Sergeant Audie Murphy Club are collecting school supplies to assist children in the local community. Items collected include pens, pencils, paper, rulers, notebooks, folders, erasers, crayons, and more. The drive continues throughout the month of August. You may drop off items in a box located at the Main PX near the greeting

station, or contact one of the following unit representatives:

- Center Brigade, Staff Sgt. Ann, 221-3122
- 232d Medical Battalion, Sgt. 1st Class Gragg, 221-4465
- 187th Medical Battalion, Sgt. 1st Class Mullen, 221-6815
- Brooke Army Medical Center, Sgt. 1st

- Class McFrazier and Staff Sgt. Daniels, 916-1162
- NCO Academy, Staff Sgt. Carter, 221-6272
- U.S. Army Garrison, Sgt. 1st Class Mason, 221-3233
- Army Air Force Exchange Services, Staff Sgt. Lewis, 221-4042



Licensing, certification information for military jobs available online

By Sgt. 1st Class Kathleen T. Rhem
American Forces Press Service

Separating military members can now get help earning professional certification or licenses related to their military jobs for the civilian world before they leave the service. Where to go? Online.

“There are a lot of people who get out of the military only to find out that they are not prepared, even though they’ve probably gotten all the training and all the experience that they need to have those credentials,” said Sandra Winborne, certification program manager for the Defense Activity for Nontraditional Education Support, or DANTES.

“Many military specialties require certification or licensing to perform that job in the civilian world,” she said. “Some of the more common are information technology and telecommunications jobs,

most specialties in the medical and aviation fields, and most types of engineers and mechanics.”

Winborne spoke to attendees at the recent DoD Worldwide Transition Assistance Program training conference in New Orleans. She described some information separating service members can find on the DANTES Website, voled.doded.mil/dantes/cert/index.htm.

The site describes certifications or licenses required to take a job in a wide variety of civilian career fields. Service members can search based on their occupational specialty or service code. The site describes how well members’ training and experience in military jobs prepare them for the tests and what added work members might need to do.

The DANTES site also contains links to information from the Department of Labor and the Bureau of Labor Statistics

on what civilian jobs correspond to military specialties.

Winborne also cited an Army site as an excellent information source for departing members of all the services.

The Army runs Credentialing Opportunities Online, a similar site at www.armyeducation.army.mil/cool. This is the official site of the GI to Jobs program.

“GI to Jobs” is an Army initiative with the sole purpose of helping military personnel understand the entire process of earning professional certification or licensing before they leave the military, Winborne said.

She explained that DANTES maintains memoranda of understanding with more than 50 organizations that provide professional licensing and certification. Many such tests can be taken at the 580 DANTES testing centers on military bases

worldwide.

In many cases, financial assistance is available. DoD has signed agreements with some licensing or certification boards to cover the cost of tests given to military people. Many other tests are covered under the Department of Veterans Affairs’ Montgomery GI Bill. For more information on using the GI Bill to cover these costs, go to www.gibill.va.gov/education/LCweb.htm.

Wilborne advised that the Army Reserve and National Guard and the Air Force Reserve will now reimburse members of those services for some tests associated with licensing and certification. Individuals can contact their nearest DANTES testing representative or military education center for more information. Reimbursement procedures are also discussed on the DANTES Website.

Provost Marshal Update

By Lt. Col. Floyd Williams
Provost Marshal

Enforcing School Speed Limit

As school begins next Tuesday, be assured the Military Police (MP) will be enforcing the 20-mph speed limit in the school zones. Be sure to obey the speed limits and keep an eye out for children. Also be aware that passing a school bus when it is loading or unloading students is illegal and punishable by a minimum of \$200 fine. There has also been an increase of speeding in the housing areas. MPs using radar have been stopping speeders and issuing citations. Fines for speeding can be very expensive. Remember speed limits in the housing areas and troop areas are 20 mph. When passing troops in formations, the speed limit drops to 10 mph.

Children left unattended in vehicles

Along these same lines, do not leave your children unattended in vehicles while

dropping off kids at school, the Child Development Center or any other location. It is a violation of Texas State Law. According to Installation Policy Statement #34, children 9 years and younger should never be left unsupervised, either at home, on a playground or in a vehicle, unless there is a responsible person present and designated to supervise them. Babysitters, must be at least age 13 or older, and are encouraged to complete the American Red Cross Babysitter Training course or other appropriate training. Children 10-11 years old may be left alone for a short period of time (1-2 hours) during daylight hours only. A 12 year old may be left alone for up to 4 hours, again during daylight hours only and should check in with a responsible adult at least once during this time period. Children 13-14 years can be left alone for 8 hours during the daytime or early evening hours.

McGruff’s crime prevention tip

FSH Regulation 190-5 states that all persons riding bicycles on the installation must wear a helmet. Remember to ride on the right side of the road, in single file, and obey the rules of the road. These include all traffic signs, signals, and road markings. If you ride your bike to school, you should secure it with a quality bicycle lock. Make sure that you secure it through the wheels and the frame to a stationary object, like a bicycle rack. This will help deter the would-be thief from stealing your bike. Taking a picture of your bicycle and recording the make, model, and serial number of your bike (and keeping this information in a safe place) will assist the Military Police in locating your bicycle if it is lost or stolen. You can register your bicycles at the Vehicle Registration Office, Bldg. 367, or contact the Crime Prevention Section at 221-9686 for further information.

Attention Runners!

If you are one of the many runners who use installation roadways as your personal PT track, be forewarned. Signs are posted along major installation roadways, including Stanley, Dickman, and Artillery Post that running is prohibited on the road. MPs are ticketing individuals jogging on these roads. It is a violation of FSH Regulation 385-5 and 190-5, Running Safety and Motor Vehicle Traffic Code, respectively. Individual joggers should use the running tracks and physical training fields when possible. All joggers will wear appropriate fluorescent or reflecting personal protective equipment, i.e., reflective belts or vests, during periods of reduced visibility. Post policy prohibits running on Stanley, Dickman, Wilson, Artillery Post, Harry Wurzbach, New Braunfels, Scott and Schofield. It is permissible to run on the sidewalks that border these roads. Runners are also reminded that running with headphones or earphones is not permitted.

Watch out for scholarship scams

Attorney General John Cornym answers questions

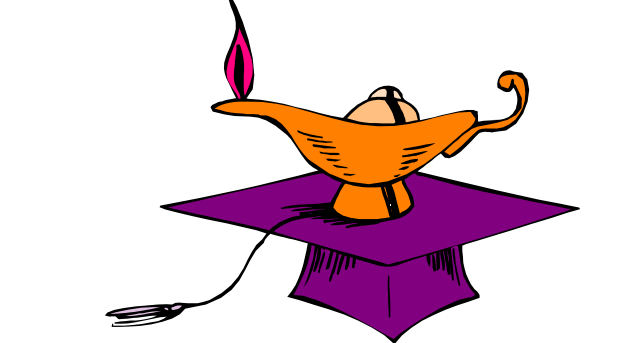
Q: My son is going to be a senior in high school this fall. In addition to college brochures, we have been receiving invitations to attend college scholarship seminars. Theses ads promise that they will obtain a scholarship for my son. I’m thinking about attending because we will need help funding his education. Is there anything I should be aware of when I go?

A: The Consumer Protection Division of my office receives many inquiries from consumers about college scholarship programs each year, especially when college application time comes around. Although I cannot vouch for the legitimacy of anyone organization, I can offer these tips to help make sure you don’t waste your hard-earned money paying for research you can do for free.

First and foremost, you should be aware that if you attend one of these seminars, you will probably be subjected to a high-pressure sales pitch. The salesman may tell you that you have to make a decision right then and there to take advantage of their special offer. If this happens, it is a sure sign you should walk away immediately. A legitimate company will want you to take your time and review their offer. Be especially wary if the organization tells you it is providing information that you can’t get anywhere else.

Second, any organization that says it can guarantee your son a scholarship for a price is probably not being honest. This is especially true if the organization says it will handle the application process for you. A legitimate service will not make promises it can’t keep. If you want to pay for a service, look for one that sells you a list of available scholarships. You will still need to apply for the scholarships on your own. Other legitimate services charge a fee to compare a student’s profile with a database of scholarship opportunities and provide a list of scholarships for which the student may qualify. Again you will have to

fill the applications yourself. One parent reported that her student received an award letter announcing that he had been selected by a national foundation to receive a scholarship. The foundation then asked for a processing fee to release the scholarship money. An offer like this is not likely



to be legitimate, students have to actually apply for scholarships and meet certain criteria. A scholarship is not like a sweepstakes with a few lucky winners.

If you do choose to pay an organization or individual for assistance with research, make sure you get the refund policy in writing and make sure that you understand it. Sometimes, not-so-honest companies will make it impossible to meet their refund requirements.

Instead of paying someone to research financial

opportunities that may be available, you can do much of the work by yourself. The financial aid office at the school your son is planing to attend will have information on financial assistance. In many cases, that office will also have information “Institution aid” – money that the school awards to its students.

The Internet is also a great resource for information. Use a search engine to look for “financial aid” or “student aid.” Make sure you research any Website that offers services for a fee. There are many very good, free financial aid search services available.

One excellent resource is www.studetn.gov. This Website provides free information on sources for financial aid for colleges and career schools.

Your son’s high school guidance counselor is also an excellent resource. Many counselors have research resources available. They may be able to tell you what types of scholarships other students have qualified for. They may also be able to help you with the application process.

If you have signed up for a scholarship service and have not received what was promised, you can fill out a consumer complaint form through our Website at www.oag.state.tx.us. You can also request a complaint form by calling (800) 621-0508.

San Antonio area off-limits establishments

The following establishments located in San Antonio, Texas are off-limits to armed forces personnel:

- | | |
|----------------------------------|---------------------------|
| - X/S (formerly the Observatory) | 13307-A Highway 281 |
| - *Planet K | 1645 Babcock Road |
| | 1015 East Mulberry Avenue |
| | 2803 Goliad Road |
| | 2138 Austin Highway |
| - Cracker Box Palace | 622 West Hildebrand |
| - 2015 Place | 2015 San Pedro |
| - One-O-Six | 106 Pershing |
| - The Saint | 1430 North Main |
| - Sliver Dollar | 1418 North main |
| - Executive Health Club | 1121 Basse Road |

* Also, all locations in Bexar, Atascosa, Wilson, Guadalupe, Comal, Kendall, Medina, and Bandera counties. These establishments have been placed off limits by the San Antonio Armed Forces Disciplinary Control Board to help maintain the health, morale, and welfare of armed forces personnel. Personnel entering off-limits establishments may be subject to disciplinary actions per applicable service regulations and the Uniform Code of Military Justice.

Recreation and Fitness News

Get Your Body in Shape - New Aerobics classes offered at the Jimmy Brought Fitness Center. New Step Aerobics on Tuesdays at 5 p.m. and Hi-Impact Step Aerobics on Sundays at 10 a.m. Other classes include, Water Fitness, Low-Impact Step, Kick Step Combo, Cardio Step, Yoga and more. For information call Lucian Kimble at 221-2020/1234.

Power Lifting Team - Participants are needed to form Team for competition. Compete in Squatting, Benching and Dead-Lifting, for more information and registration call 221-2020 or 221-1234.

Varsity Basketball - Coaches are needed. If you are interested, send resumes to Earl Young, Jimmy Brought Fitness Center, Bldg 320 or e-mail earl.young@cen.amedd.army.mil. Call 221-1180 for more information.

Party at the Aquatic Center! - Host your next unit function or private party at the Aquatic Center. The fee is \$60 per hour with a 2-hour minimum/4-hour maximum. All parties must be scheduled before the pool opens for the day or after it closes for the evening. For more information call Sam Parisi at 221-4887

Heart of Texas Triathlon Series –The last triathlon in the Heart of Texas Triathlon series will be held on Aug. 18. The triathlon starts at the Fort Sam Houston Aquatics Center, 3300 Williams Road, and register early, for information call 221-1234 or 826-1888. The Heart of Texas Triathlon Championship is scheduled for Sept. 8 (tentatively) at Canyon Lake.

Bench Press Contest - Get set for the Sept. 21 Bench Press Contest at the Jimmy Brought Fitness Center. Weigh-ins will be held from 9:30 to 10:30 a.m., the competition will start at 10:40 a.m., for more information, call Lucian Kimble at 221-2020.

Lunch Hour Fitness Clubs - The Jimmy Brought Fitness Center offers lunch hour fitness clubs that are geared to your lunch hour workout. Call Lucian Kimble at 221-2020 for more information.

60 Days of Fitness - The Fitness For Your Health Office at the Jimmy Brought Fitness Center will be continuing its “60 Days of Fitness” Program on an individual basis. There is a \$10 fee per participant. Call 221-2020 for more information.

Aquatic Center hours of operation through Labor Day are 4 to 8 p.m. Monday through Friday and noon to 8 p.m. on the weekend. Pool will close for the season Oct. 1.
Canyon Lake Recreation Area closed due to flooding until further notice. For more information call (830) 964-3387

X-tramural Basketball Standings
As of Aug. 12

Team	W	L
BAMC	11	1
USAG	10	2
DFAS	7	5
Ill Funk	6	6
Old School	6	6
NCO Acad.	6	6
5 th Bde	1	11
Co A STB	1	11
Aug. 12		
Co A STB	2	Ill Funk 0
NCO Acad.	58	5 th Bde 47
BAMC	54	DFAS 50
USAG	50	Old School 47

Youth Happenings

Alamo Height -Fort Sam Houston Soccer Registration, Aug. 17 - Soccer registration for military-eligible youth ages 4-18 will be held Aug. 17, 9 a.m. to 3 p.m. at the Youth Center Bldg. 1630. Birth Certificates and physicals are required. Cost is \$60, youth 10 years and under (\$50 registration fee plus \$10 general fee) and \$80, youth 11 years and older (\$50 registration fee plus \$30 general). For more information call 221-3502.

FSH Child and Youth Extravaganza, Aug. 17
The FSH Child and Youth Extravaganza will be held Aug. 17 at the School Age Services, Bldg. 1705 from 5 to 8 p.m. This family event promises fun for everyone young and old. There will be gymnastic demonstrations, face painting, moon bounces and community information booths. For more information call 221-4466 or 221-4871.

Flag Program sends ‘Piece of Pentagon’ to field units

By **Gerry J. Gilmore**
American Forces Press Service

DoD officials expect to mail 1,000 U.S. flags to military installations worldwide as part of a Sept. 11 terrorist attack observance initiative.

DoD had first offered to fly 500 American flags over the Pentagon and then send them to stateside and overseas military installations that requested them, said DoD press officer Navy Lt. Daniel D. Hetlage. Response to the Aug. 5 offer was so overwhelming, he remarked, that a total of 1,000 flags have now been ordered.

“The quickness and the amount of the response is amazing,” Hetlage said, noting that officials are now compiling address lists of the requesting commands.

The program, he explained, is a DoD public affairs initiative, part of one-year anniversary observances of

the Sept. 11, 2001, terrorist- hijacked airliner attack on the Pentagon that killed 184 people.

“Correspondence from service members and DoD civilians stationed around the world seemed to cry out for something special to mark that anniversary and to demonstrate U.S. resolve to defeat global terrorism,” Hetlage said. Although a section of the Pentagon was badly damaged in the deadly attack, he noted the 60-year-old building has been repaired and has become a symbol of the determination to prevail.

“Everybody wants a piece of the Pentagon and this is their piece,” Hetlage explained. He expressed hope that



most of the flags would be mailed out in time to be used during installations’ Sept. 11 observances.

DoD will stop providing “Old Glory” after the 1,000 flags have been mailed out, he pointed out. After this, he noted DoD plans to accept flags submitted from the field, fly them over the Pentagon, and return them.

The 1,000-flag limit was arrived at “through resources and time,” he said, noting that the Pentagon is awaiting the arrival of the first 500 flags from the supplier.

The program is a joint service effort, he pointed out, also noting the willingness of people to help.

A detachment of Navy journalism and photography students at DoD’s Defense Information School at Fort Meade, Md., offered to help with the raising and lowering of flags and to help pack and ship them, Hetlage said.

The Defense Protective Service, he added, has also offered assistance.

“People want to be a part of it,” he noted.

Flags that have been flown over the Pentagon will be sent to U.S. service members serving aboard ships at sea, in Afghanistan and at other overseas and stateside postings, Hetlage remarked.

This is especially appropriate, he pointed out, because the Sept. 11 terrorist assaults were “an attack on all of us,” he concluded. “There is no ‘rear’ area anymore — not in the war on terror.”

Foundation offers enlisted members educational grants

The Billy Mitchell Chapter of the Association of Old Crows Educational Foundation is offering grants for the 2002/2003 school year. Foundation grants cover the cost of books and course costs that are not covered by the government.

Enlisted personnel applying for grants must meet certain criteria:

- Active duty E-3 or above in any branch of service.
- Enrolled in an education program leading to a Bachelor’s Degree in Electrical Engineering, Math-

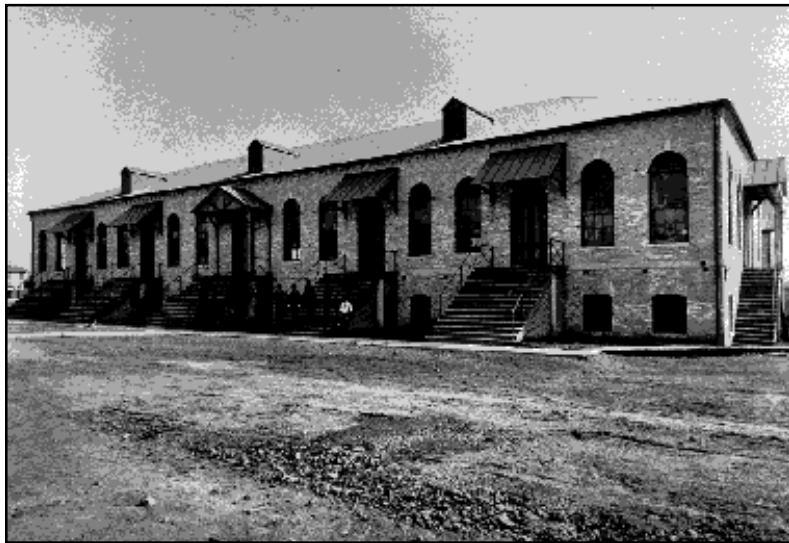
ematics or Computer Science.

- Enrolled in required courses leading to a service-related associate’s degree through the Community College of the Air Force degree or comparable degree for members of other military services.

Applications for the fall semester are due not later than Sept. 1. Applications and additional information may be obtained from the chapter’s website at www.bmcaoc.org or by calling Robert Flores at 977-4791.

FSH historic buildings trivia answers

How well did you know your post hospitals? Here are the answers to the history quiz published in the News Leader issue dated July 18, Page 12.



2. This building is the one that was NOT a hospital, even though it is used now to train Operating Room Technicians. It is Building 615 on the Infantry Post, built in 1891 as a consolidated mess hall. The photo was taken about 1895. In 1906, it was converted into a gymnasium, recreation center and post exchange and had several subsequent uses.



4. This building, now known as the Sam Houston House Distinguished Visitor Quarters, is the oldest surviving hospital building at Fort Sam Houston. Built in 1886, it was the second hospital constructed on post, but the first permanent building to serve as a hospital.

How well did you know your hospitals at Fort Sam Houston? You get two points for picking the non-hospital and one point for each hospital in its proper chronological order. Score your answers:

0 to 1 points	You are the weakest link
2 to 3 points	Eligible for Jeopardy
4 to 5 points	History Channel addict
6 points	Call "Win Ben Stein's Money" right away!

1. The "old" Station Hospital, Building 2000, was completed in January 1908. It was enlarged in 1910, 1916 and during World War I. It was superceded as main hospital when "Old BAMC" was completed in 1937. It subsequently served as office space for the Fourth Army Headquarters and other agencies. It is currently pending renovation.

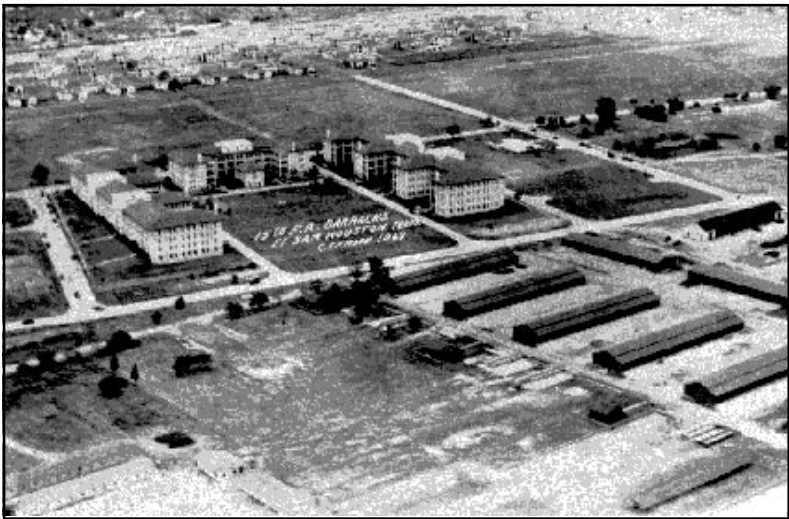


6. Next on the list is building 2186, completed in December 1908 as the Veterinary Hospital.

5. When completed in 1937, Building 1000 was a general hospital in every category except its name—The New Station Hospital. It was subsequently designated as Brooke General Hospital and was a major element of Brooke Hospital Center and Brooke Army Medical Center before acquiring its present name, "Old BAMC."

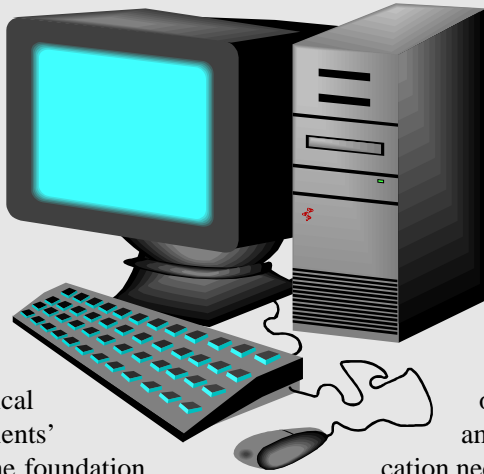


3. Last of the hospitals on our list is the Building 2376 complex, formerly known as Beach Pavilion. These buildings were completed in 1931 as an artillery barracks and converted into Annex IV of Brooke General Hospital in 1944.



Fisher House offers free Websites for hospital patients

American Forces Press Service
Families of patients at any military medical center or hospital can now receive up-to-the-minute reports on a loved one through their own customized Web pages.
Fisher House Foundation is best known for its network of 30 facilities on or near the grounds of major military medical centers to house patients' visiting families. The foundation has contracted with "CaringBridge," an easy-to-use Internet service that enables users to make virtual visits to patients undergoing medical treatment, said Fisher House Executive Director David Coker. The service allows patients and their families to communicate by establishing personal Web pages, complete with journals, photos and password protection, he noted.

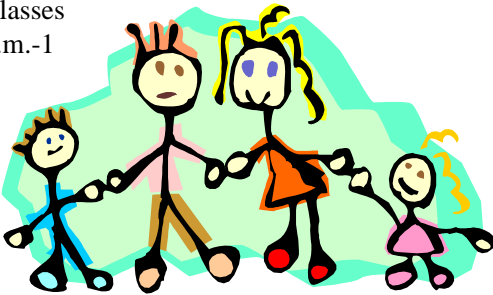


"While the service is primarily for families staying at a Fisher House, we are making it available to any service member, active or retired, at any military health facility," he said.
CaringBridge founder Sona Mehring said her service allows patients and their families to "better manage the sometimes overwhelming amount of communication necessary to satisfy the concerns of family and friends by giving them a free and private place on the Web to post updates on their condition and receive messages of hope and encouragement."
To enter the CaringBridge site, go to www.caringbridge.org. For information on the Fisher House program and the locations of its facilities, go to www.fisherhouse.org.

Army Community Service Family Advocacy Program August Class Schedule

Class Title	Dates	Time
Basics of Breastfeeding	21	10:30 a.m.-Noon
Building Effective Anger Management Skills (BEAMS)	20	11 a.m.-12:30 p.m.
Common Sense Parenting	21	11 a.m.-12:30 p.m.
Coping w/Difficult People	22	Noon-1 p.m.
Duffel Bags for Babies	28	8 a.m.-Noon
Making Your Relationship A Win-Win Partnership	15, 22, 29	6-8 p.m.
Nurturing Program	20, 27	1-2 p.m.
Playgroup	20, 27	9-11 a.m.
Pregnancy and Childbirth	22	1:30-3:30 p.m.
Single Parent Support Group	23	9 a.m.-Noon.
Women Encouraging Women	29	Noon-1 p.m.
		11 a.m.-Noon

Note: Bring a brown bag lunch to classes scheduled during the hours of 11 a.m.-1 p.m.
To sign up for classes or for more information, please call ACS Family Advocacy Program at 221-2334 or 221-2350.



DoD provides transitional health care benefits for 60 or 120 days to involuntarily separated members

Family members of active duty sponsors involuntarily separated from military service under honorable conditions, or family members of Reserve Component members separated after serving on active duty for more than 30 days in support of contingency operations, are eligible to receive transitional health care benefits for 60 or 120 days under the new Department of Defense (DoD) Worldwide TRICARE Transitional Health Care Demonstration Project if their sponsor was on active duty January 1, 2002, or later.

The new demonstration project provides medical benefits to certain eligible active duty and Reserve families when their sponsors depart from military service. Family members of sponsors with fewer than six years of active duty service are eligible for 60 days of transitional health care benefits; those with six years or more are eligible for 120 days.

The transitional health care demonstration benefit is retroactive to January 1, 2002, and remains in effect for two years, to allow DoD time to analyze the program and decide whether or not to make transitional health care a permanent TRICARE benefit for these family members.

Under the demonstration project family members may use TRICARE Standard, the fee-for-service option with deductibles and cost shares; TRICARE Extra, the network option with deductibles and negotiated fees; or TRICARE Prime, the network option that is least costly for most people.

Sponsors and family members who are enrolled in TRICARE Prime will be automatically disenrolled when the sponsor separates from active duty. To continue using the TRICARE Prime benefit during the transitional health care period, sponsors and family members must contact their TRICARE regional managed care support contractor, or their local TRICARE service center, and re-enroll in TRICARE Prime. There will be no break in TRICARE Prime coverage as long as the sponsor and family members re-enroll in TRICARE Prime.

Dental benefits are available to former active duty and Reserve Component members, but under this demonstration, family members of former active duty and Reserve Component members are not entitled to dental benefits. However, Reserve Component members and their family members who are eligible and enrolled in the TRICARE Dental Program (TDP) would be eligible for dental benefits under the TDP, which is separate from this demonstration project.

To be eligible for transitional medical and dental benefits, the family member's sponsor must be:

- A service member involuntarily separated from active duty.
- A member of the Reserves separated from active duty after serving more than 30 days in support of a contingency operation.
- A service member separated from active duty after being involuntarily retained on active duty in support of a contingency operation.
- A service member separated from military service who voluntarily remained on active duty for one year or less in support of a contingency operation.

Transitional health care is not an automatic TRICARE benefit. Sponsors must ensure that they and their family members are enrolled in the Defense Enrollment Eligibility Reporting System (DEERS). Active duty sponsors may verify or update DEERS information for themselves or their family members by contacting or visiting their local military identification (ID) card issuing facility. To locate the nearest military personnel office or ID card facility, sponsors may search the DEERS Website at www.dmdc.osd.mil/rsl/.

Claims for these family members will be processed using normal TRICARE claims processing procedures. Claims for family members with expired eligibility will be denied until eligibility is updated and verified in DEERS. If a member submits a claim and it is denied because of eligibility, the member should contact the Defense Manpower Data Center Support Office toll-free at 1-800-538-9552.

Sponsors and family members who have paid for health care expenses out of pocket, may submit a claim form (DD Form 2642) to TRICARE with a copy of their itemized bill to receive payment for these services. Family members who are eligible for care under the demonstration project and who have other health insurance (OHI), must submit all claims to their OHI provider first before submitting them for payment to TRICARE.

Claim forms are available on the TRICARE Website at www.tricare.osd.mil/claims or from the local beneficiary counseling and assistance coordinator (BCAC), TRICARE service center representative, or TRICARE managed care support contractor.

Eligible sponsors or family members who require additional information on TRICARE may contact the Worldwide TRICARE Information Center toll-free at 1-888-DOD-CARE (1-888-363-2273). Additional information on TRICARE medical and dental benefits is available on the TRICARE Website at <http://www.tricare.osd.mil> or by visiting the TRICARE service center or BCAC at the local military treatment facility.

For questions or assistance regarding claims, sponsors and family members may contact the managed care support contractor in their region, the nearest TRICARE service center or a BCAC at the nearest military treatment facility.

Additionally, information can be obtain at the following Websites:

- Worldwide TRICARE Service Center directory is available online at <http://www.tricare.osd.mil/tricarecenters/default.cfm>
- Worldwide beneficiary counseling and assistance coordinator (BCAC) directory is available online at <http://www.tricare.osd.mil/beneficiary/beneficiary/BCACDirectory.htm>

Source: TRICARE News Release <http://www.tricare.osd.mil>



Protestant Activities Schedule

Religious education plays a vital part in our spiritual growth. When we understand what we believe we can better communicate and live out our faith. By gathering in small groups, we can build relationships and find additional strength in our daily lives.

We encourage you to visit any of the studies. We have several different study formats. We pray that your faith will be strengthened and that your spiritual walk will enlighten others. Activities are open to all. Feel free to attend any of our events. No pre-registration is required. For information call Robb Wood at 221-5428 or Chaplain (Lt. Col.) Otis Mitchell, 221-5427.

Weekly Activities:			
Activity	Place	Time	Day
Sunday School	DFC	9:15 a.m.	Sundays
Prayer Meeting	AMEDD	6:15 a.m.	Tuesdays
PWOC Women’s Bible Study	DFC	9:30 a.m.	Wednesdays
Adult Bible Study	DFC	11:45 a.m.	Wednesdays
(on break until September)			
Bible Study (all ages)	DFC	6:30 p.m.	Wednesdays
Soldier Bible Study	AMEDD	11:30 a.m.	Thursdays
Soldier Bible Study	AMEDD	7 p.m.	Thursdays
Monthly Activities:			
Activity	Place	Time	Day
Young Adult Ministry	DFC	7 p.m.	1st and 3rd Thursday
Parish Council	ICO	4:45 p.m.	1st Thursday
Nursing Home Ministry	DFC	2 p.m.	2nd Sunday
Men’s Fellowship	DFC	6:30 p.m.	2nd Monday
Women’s Fellowship	DFC	6:30 p.m.	2nd Monday
Women’s Prayer Breakfast	DFC	8:30 a.m.	2nd Saturday
Hospital Ministry	BAMC	8:30 a.m.	3rd Thursday

ICO -Installation Chaplain’s Office, Bldg-2530, 2590 Funston Road, Suite 35, across from the Burger King. Phone: (210) 221-5005/6/7 Fax: (210) 221-3391

DFC – Dodd Field Chapel, Bldg-1721, 1721 Dodd Blvd. next to National Cemetery, off Winans Street. Phone: (210) 221-5010/5432 Fax: (210) 221-5666

AMEDD - AMEDD Regimental Chapel, Bldg-1398, 3125 Garden Avenue, between NCO Academy and Evan’s Auditorium. Phone: (210) 221-3390 Fax: (210) 221-3103

PWOC Fall Kickoff 2002 starts Aug. 28

The Protestant Women of the Chapel invite you to their Fall Kickoff Aug. 28 from 9:30 to 11:30 a.m. at Dodd Field Chapel. Childcare will be provided for those attending the kickoff. Enjoy a morning of friendship and sign up for the following upcoming Bible studies:

“Becoming a Vessel God can Use” by Donna Partow

“A Marriage Without Regrets” by Kay Arthur

“A Heart Like His: A Study of David” by Beth Moore

“Making Your Home A Haven: Strategies for the Domestically Challenged” by Cyndy Salzmänn.

For more information, contact Kymm Kent at (210) 566-0959 or e-mail at kymmjk@yahoo.com.

P.A.C.E.

September Workshop Schedule:

Class	Date	Time
Accessing the Army Benefits Center	5, 19	8 a.m.
Accessing Resumix	17	8 a.m.
Accessing Resumix	24	1:30 p.m.

Note: All classes are by reservation only and limited to eight per class. To make your reservation for more information, call 221-2276.

Post worship schedule

Protestant

Sunday:

8 a.m. Service, AMEDD Regimental Chapel, Bldg. 1398

9 a.m. Traditional Service, Installation Chaplain’s Office, Bldg.2530

9:15 a.m. Troop Service, Evans Auditorium, Bldg. 1396

10 a.m. Service, BAMC Chapel

10:45 a.m. Gospel Service, Dodd Field Chapel, Bldg. 1721

11 a.m. Service, AMEDD Regimental Chapel

11:15 a.m. Gospel Service, Evans Auditorium

12:30 Spanish Service, AMEDD Regimental Chapel

Wednesday:

9:30 to 11:30 a.m. PWOC meeting, Dodd Field Chapel (Childcare is provided for those who attend PWOC meeting).

12 p.m. Bible Study, Dodd Field Chapel

12 p.m. Service, BAMC Chapel

Catholic

Saturday:

5:30 p.m. Mass, AMEDD Regimental Chapel

Sunday:

8:30 a.m. Mass, BAMC Chapel

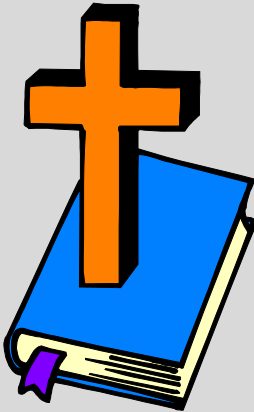
9:15 a.m. Mass, Dodd Field Chapel

9:15 a.m. Mass, AMEDD Regimental Chapel

11:15 a.m. Mass, BAMC Chapel

*12:45 p.m. Mass, Dodd Field Chapel

*Bilingual Mass on 1st Sunday of the month (For information call 590-6593).



Weekdays:

11 a.m. Mass, BAMC Chapel

11:30 a.m. Mass, AMEDD Regimental Chapel

1st Friday:

9 a.m. Mass Catholic Women, Dodd Field Chapel

Jewish

Friday:

8 p.m. Service, Dodd Field Chapel

8:30 p.m. Oneg Shabbat, Dodd Field Chapel (For information call 379-8666 or 493-6660)

Mormon

Sunday:

10:30 a.m. Bldg. 1350, Room 1, Koehler Road, across from Evans Auditorium

Tuesday:

7 p.m. LDS Studies, AMEDD Regimental Chapel

Muslim

Sunday:

10:30 a.m. Religious Education, Bldg. 607A, Infantry Post

Friday:

1:30 to 2:30 p.m. Prayer Service, Bldg. 607A, Infantry Post

Thursday:

8 p.m. Adult Religious Education, Bldg. 607A, Infantry Post

Note: The Post Gift Chapel is closed for renovations indefinitely. Chaplain Administrative Offices are located at Dodd Field Chapel, Bldg. 1721, phone number 221-5432. Garrison staff duty officer, (after duty) 221-2810.



Military children’s needs highlighted at conference

By Gail Siller
Special to the News Leader

Officials from both Fort Sam Houston and Fort Sam Houston Independent School District recently participated in the fourth annual Military Child Education Coalition (MCEC) National Conference in San Antonio.

A non-profit organization, the Military Child Education Coalition seeks to establish partnerships and provide networking of schools and military installations in order to address transition and other educational issues related to the military child. More than 700,000 military students attend public schools in one of 600 school districts located on or near military installations.

“Both the Fort Sam Houston Army Installation and our school district are charter members of the Military Child Education Coalition,” said Dr. Anne Kiehle, Superintendent of Fort Sam Houston ISD Schools.

“MCEC is dedicated to addressing problems facing the military child,” added Kiehle. “We are fortunate to have the full support of the military commanders in charge of our armed forces.”

Conference speakers included General Eric K. Shinseki, Chief of Staff of the Army; Lt. General James T. Hill, Commander of I Corps and Fort Lewis, WA; and Lt. General John D. Hopper, Vice Commander of Air Education and Training Command at Randolph Air Force Base. Additionally, Congressman Ike Skelton (D-MO) and Chauncey Veatch, the 2002 National Teacher of the Year and retired Army Lt. Colonel, addressed the approximately 400 conference participants.

The delegation from Fort Sam Houston spoke at a break-

out session entitled, “Showcasing Partnerships and a Local Action Plan that Works.” Presenters were Brenda Berry, Chief for Child and Youth Service; Julie Coffey, Counselor, Robert G. Cole Junior / Senior High School; Jayne Hatton, Principal, Fort Sam Houston Elementary School; Dr. Anne Kiehle, Superintendent of Schools, Babs Kiley, parent and wife of former Fort Sam Houston Commander; Gail Siller, Associate Superintendent; and Keith Toney, School Liaison Officer and President of the Fort Sam Houston ISD Board of Trustees.

Fort Sam Houston representatives shared their experiences of developing a strong partnership between the Army community and leadership and the local school district that serves military children. Both the communication and planning processes were detailed as well as the process used to develop a local action plan. A PowerPoint presentation reflecting the activities detailed in the local plan concluded the discussion.

The theme for this year’s conference was “Creating a Legacy for Children.” Other topics of interest to the educators, parents, and military school liaison officers attending included an Interactive Counseling Center, parenting tools to avoid power struggles with children, online technology offerings, transition strategies for military students, Troops to Teachers program information, school security resources, and characteristics of military youth.

Begun in 1998, the Military Child Education Coalition serves as a critical information source of innovative approaches, promising practices, and emerging technologies for military organizations, educators, and parents. It serves as an advocate for all military-related students in public, private, parochial, and home schools.



Courtesy Photo
Mary Jo Reimer, wife of General (Ret.) Dennis J. Reimer and member of the MCEC Board of Directors, exchanges information with Dr. Anne Kiehle, FSHISD Superintendent, during one of the break-out sessions.



Courtesy Photo
Fort Sam Houston ISD Superintendent of Schools Dr. Anne Kiehle (left) introduces the program and provides a historical overview of the partnerships in place between the installation and the school district, while Associate Superintendent Gail Siller listens during the recent MCEC Conference.



Courtesy Photo
Lt. Gen. James T. Hill (left) talks with Dr. Anne Kiehle and Lt. Gen. Freddy E. McFarren, commander Fifth U.S. Army, after his keynote address at the MCEC Conference.

2002 Texas Assessment of Academic Skills (TAAS)			
Student Groups	Fort Sam Houston	Cole Junior/Senior	Fort Sam Houston
Reading	Passing %	Passing %	Passing %
All Students	97.9%	97.9%	97.9%
African	96.4%	96.1%	96.6%
American	99.1%	100.0%	98.7%
Hispanic	98.5%	98.7%	98.3%
White	98.2%	100.0%	97.6%
Mathematics	Passing %	Passing %	Passing %
All Students	95.7%	93.9%	96.7%
African	91.9%	85.7%	95.9%
American	99.1%	100.0%	98.7%
Hispanic	97.5%	98.7%	96.7%
White	94.9%	93.9%	95.3%
Writing	Passing %	Passing %	Passing %
All Students	94.6%	92.7%	97.5%
African	91.1%	89.4%	93.8%
American	97.5%	95.0%	100.0%
Hispanic	96.0%	94.1%	100.0%
White	95.4%	96.0%	95.0%
Social Studies	Passing %	Passing %	Passing %
All Students	98.6%	98.6%	N/A



Courtesy Photo
General Eric Shinseki responds to a question asked by Dr. Anne Kiehle and Victoria Wood as his wife Patty (center) listens. General Shinseki was one of the keynote speakers at the Military Child Education Coalition conference.



Courtesy Photo
Cole Counselor Julie Coffey (left) and Fort Sam Houston Elementary Principal Jayne Hatton (right) listen as former Fort Sam Houston parent Babs Kiley discusses the impact of multiple moves on military students at the recent MCEC conference.



Courtesy Photo
General Eric Shinseki, Chief of Staff of the Army, visits with Fort Sam Houston ISD personnel, left to right are: Dr. Roland Rios, Jayne Hatton, Gail Siller, Patty Shinseki, Julie Coffey, Dr. Anne Kiehle, and Victoria Wood at the recent Military Child Education Coalition conference.

Counselor Institute inspires innovative programs for Cole students

By Gail Siller
Special to the News Leader

Julie Coffey and Victoria Wood, both Robert G. Cole Junior/Senior High School counselors, were active participants in the Transition Counselors Institute sponsored by the Military Child Education Coalition Conference held recently in San Antonio. The institute’s purpose is help counselors better understand the needs of mobile military-connected students and to ease their transition from one school to another.

Having attended the institute since its inception, counselors from Fort Sam Houston ISD have now completed all three phases of its curriculum. The first phase addressed transition issues, course credits, and student record transfers. The second phase addressed military students’ emotional and social needs while the third phase focused on master transition counseling and forming expert partnerships with military installations.

“Some of the initiatives that have developed as a direct result of this training include providing a transition lab class and more credit-by-exam opportunities so that our students are better able to preserve credits when they move from one scheduling calendar to another during a school year,” stated Coffey.

“Cole is also implementing a transition advisory this year for

new students so that they have the chance to meet each other and have their questions answered by a teacher in a small group setting,” added Coffey. “For the last several years, the Counseling Department has hosted a pizza party during lunch on the first day of school so that new students can meet some of the student leaders.”

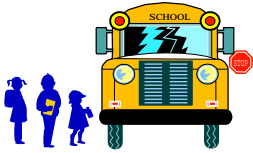
“All students, but especially students new to Cole, are encouraged to get involved in the school clubs or organizations and other extracurricular activities,” said Coffey. “Cole has tried to remove as many barriers as possible from club by-laws. For example, our junior high student council is a volunteer organization with over 60 members.”

“We are always looking for new ways to help our students transition more easily,” added Coffey.

“The institute is in its third year,” said Cathy Franks, wife of Army General Tommy R. Franks, commander of Central Command. Franks, a former high school teacher, was one of the institute’s trainers. “Having counselors all together in the same room helps them learn from each other. They share ideas, and that’s an important part of the institute.”

Coffey and Wood joined counselors from Korea, Okinawa, Germany, Italy, Rhode Island, Connecticut, Idaho, Oklahoma and Texas who attended this year’s institute.

Two bus systems used to transport Fort Sam Houston students



By Gail Siller
Special to the News Leader

The Fort Sam Houston Independent School District makes school bus transportation available to all students living two or more miles from school. This service is provided on district yellow buses at no cost to students. Bus routes and any subsequent changes are posted at the school. Further information may be obtained by calling 368-8720.

Fort Sam Houston Post U.S. Army Transportation provides transportation in blue or tan buses for all elementary school students residing in Harris Heights and Watkins Terrace. If further information is needed for Post Transportation, you may call their office at 221-5172 Or 221-5016.

Students are expected to assist district staff in ensuring that buses remain in good condition and that transportation is provided safely. When riding school buses, students must:

- Follow the driver's directions at all times.
- Enter and leave the bus in an orderly

manner at the designated bus stop nearest home.

- Keep books, band instruments cases, feet, and other objects out of the aisle.
- Not deface the bus or its equipment.
- Not put head, hands, arms, or legs out of the window, hold any object out of the window, or throw objects within or outside of the bus.
- Not smoke or use any form of tobacco.
- Upon leaving the bus, wait for the driver's signal before crossing in front of the bus.
- Not smoke or use any form of tobacco.
- Upon leaving the bus, wait for the driver's signal before crossing in front of the bus.
- When students ride in a District van or passenger car, seat belts must be used at all times.
- Misconduct will be punished in accordance with the Student Code of Conduct; bus riding privileges may be suspended.

Robert G. Cole Junior/Senior High School Bus Schedule for 2002 - 2003

Area Stops	Bus Departs for Cole	A.M. Bus No.	P.M. Bus No.
Infantry Post	7:08 a.m.	16	16
Fisher House	7:13 a.m.	6	16
Guest House	7:14 a.m.	6	16
Artillery Loop (Qtrs. 176)	7:10 a.m.	10	10
Artillery Post (Qtrs. 165)	7:11 a.m.	10	10
Artillery Post (Qtrs. 101)	7:12 a.m.	10	10
Artillery Fort Post (Qtrs. 109)	7:13 a.m.	10	10
Artillery Post (Qtrs. 118)	7:14 a.m.	10	10
Staff Post Road	7:18 a.m.	10	10
Hancock Road (Qtrs. 2283)	7:20 a.m.	10	10
Gorgas Circle (Qtrs. 1009)	7:10 a.m.	15	1
Graham and Harney	7:13 a.m.	15	1
Graham and H.T. Allen (Shelter)	7:16 a.m.	15	1
S16W and Graham (Officers' Club)	7:17 a.m.	15	1
Chaffee and Harney	7:08 a.m.	3	8
Harris Heights/Patch and Foulois	7:14 a.m.	3	8
Harris Heights/Foulois and Forage	7:15 a.m.	3	8
Chafter and Taylor	7:02 a.m.	12	12
Chaffee and Lawton (Shelter)	7:05 a.m.	12	12

Note: Bus departs Cole Junior/Senior High School at 3:28 p.m. for all grades.

Fort Sam Houston Elementary Bus Schedule 2002 - 2003

Area Stops Location	Departs FSH Elementary Time	Bus #	Route #
Fisher House (Cole and Elem.)	7:13 a.m.	Bus 6	
Guest House (Cole and Elem.)	7:14 a.m.	Bus 6	
FSH Campground (Cole and Elem.)	7:20 a.m.	Bus 12	1
Infantry Post (Shelter)	7:30 a.m.	Bus 12	1
Gorgas Circle (Qtrs. 1016)	7:25 a.m.	Bus 15	2
Gorgas Circle (Qtrs.1009)	7:26 a.m.	Bus 15	2
Graham and Worth	7:28 a.m.	Bus 15	2
Graham and Harney	7:30 a.m.	Bus 15	2
Graham and H.T. Allen (Shelter)	7:34 a.m.	Bus 15	2
S16W and Graham (Officers' Club)	7:20 a.m.	Bus 11	2
Artillery Loop (Qtrs. 176)	7:21 a.m.	Bus 11	2
Artillery Post (Qtrs. 165)	7:22 a.m.	Bus 11	2
Artillery Post (Qtrs. 101)	7:23 a.m.	Bus 11	2
Artillery Post (Qtrs. 109)	7:24 a.m.	Bus 11	2
Artillery Post (Qtrs. 118)	7:26 a.m.	Bus 11	2
Staff Post (Stanley and Staff)	7:28 a.m.	Bus 11	2
Hancock Road (Qtrs. 2283)	7:29 a.m.	Bus 11	2
Infantry Post	7:30 a.m.	Bus 11	2

Grade K-4 Dismissal at 3 p.m., Wednesday at 2 p.m.
School's Southeast Parking Lot Bus departs at 3:05 p.m., Wednesday at 2:05 p.m.

Area Stops Location	Bus Arrives Time	Bus #	Route #
Infantry Post (Shelter)	3:20 p.m.	Bus 11	1
Guest House	3:28 p.m.	Bus 11	1
Gorgas Circle (Qtrs. 1016)	3:12 p.m.	Bus 15	2
Gorgas Circle (Qtrs. 1009)	3:13 p.m.	Bus 15	2
Grahan and Worth	3:15 p.m.	Bus 15	2
Graham and Harney	3:16 p.m.	Bus 15	2
Graham and H.T.Allen (Shelter)	3:18 p.m.	Bus 15	2
S16W and Graham (Officers' Club)	3:19 p.m.	Bus 15	2
Artillery Loop (Qtrs. 176)	3:20 p.m.	Bus 15	2
Artillery Post (Qtrs. 165)	3:21 p.m.	Bus 15	2
Artillery Post (Qtrs. 101)	3:22 p.m.	Bus 15	2
Artillery Post (Qtrs. 109)	3:23 p.m.	Bus 15	2
Artillery Post (Qtrs. 118)	3:24 p.m.	Bus 15	2
Staff Post (Stanley and Staff)	3:26 p.m.	Bus 15	2
Hancock Road (Qtrs. 2283)	3:28 p.m.	Bus 15	2
FSH Campgrounds	3:35 p.m.	Bus 15	2

Grades 5-6 - Dismissals at 3:30 p.m., Wednesday 2:30 p.m.
School's Southeast Parking Lot Bus departs at 3:35 p.m., Wednesday 2:35 p.m.

Area Stops Location	Bus Arrives Time	Bus #	Route #
Infantry Post (Shelter)	3:50 p.m.	Bus 11	1
Guest House	3:58 p.m.	Bus 11	1
Gorgas Circle (Qtrs. 1016)	3:51 p.m.	Bus 3	2
Gorgas Circle (Qtrs. 1009)	3:53 p.m.	Bus 3	2
Grahan and Worth	3:54 p.m.	Bus 3	2
Graham and Harney	3:56 p.m.	Bus 3	2
raham and H.T.Allen (Shelter)	3:56 p.m.	Bus 3	2
S16W and Graham (Officers' Club)	3:57 p.m.	Bus 3	2
Artillery Loop (Qtrs. 176)	3:58 p.m.	Bus 3	2
Artillery Post (Qtrs. 165)	3:59 p.m.	Bus 3	2
Artillery Post (Qtrs. 101)	4:00 p.m.	Bus 3	2
Artillery Post (Qtrs. 109)	4:01 p.m.	Bus 3	2
Artillery Post (Qtrs. 118)	4:02 p.m.	Bus 3	2
Staff Post (Stanley and Staff)	4:05 p.m.	Bus 3	2
Hancock Road (Qtrs. 2283)	4:07 p.m.	Bus 3	2
FSH Campgrounds	3:35 p.m.	Bus 3	2

Note: Buses will load in the Southeast Parking Lot off Nursery Road. Wednesday dismissal time is 2 and 2:30 p.m.

FSH ISD Board of Trustees Meeting, Aug. 27

The Fort Sam Houston Independent School District Board of Trustees will hold a regular meeting on Aug. 27 at 11 a.m., at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.

Post Bus Transportation
(Blue or tan buses)
Fort Sam Houston Elementary School Bus Schedule
2002-2003
Morning Schedule

Bus # 1 Watkins Terrace		
Depart Motor Pool		7:10 a.m.
McMurray Road Stop # 6		7:20 a.m.
McMurray Road Stop # 7		7:22 a.m.
McMurray Road Stop # 8		7:24 a.m.
Arrive At School		7:28 a.m.
Depart The School		7:30 a.m.
McMurray Road Stop # 6		7:33 a.m.
McMurray Road Stop # 7		7:34 a.m.
McMurray Road Stop # 8		7:36 a.m.
Arrive At School		7:40 a.m.
Depart The School		7:42 a.m.
Bus # 2 Watkins Terrace		
Depart Motor Pool		7:10 a.m.
Forbush Road Stop # 3		7:20 a.m.
McMurray Road Stop # 4		7:22 a.m.
McMurray Road Stop # 5 - 6		7:24 a.m.
Arrive At School		7:28 a.m.
Depart The School		7:30 a.m.
Forbush Road Stop # 3 - 4		7:34 a.m.
McMurray Road Stop # 5 - 6		7:36 a.m.
Arrive At School		7:42 a.m.
Depart The School		7:44 a.m.
Bus # 3 Watkins Terrace		
Depart Motor Pool		7:10 a.m.
Forbush Road Stop # 1		7:20 a.m.
Forbush Road Stop # 2		7:22 a.m.
McMurray Road Stop # 5 & 8		7:24 a.m.
Arrive At School		7:28 a.m.
Depart The School		7:30 a.m.
Forbush Road Stop # 1 - 2		7:34 a.m.
McMurray Road Stop # 3 - 4		7:36 a.m.
McMurray Road Stop # 5 - 6		7:37 a.m.
McMurray Road Stop # 7 - 8		7:38 a.m.
Arrive At School		7:42 a.m.
Depart The School		7:44 a.m.
Bus # 4 Patch/Chafee		
Depart Motor Pool		7:10 a.m.
Schaffer Road Stop # 1		7:12 a.m.
Chaffee Road Stop # 2		7:14 a.m.
Chaffee Road Stop # 3		7:26 a.m.
Arrive At School		7:22 a.m.
Depart The School		7:24 a.m.
Schaffer Road Stop # 1		7:32 a.m.
Chaffee Road Stop # 2		7:33 a.m.
Chaffee Road Stop # 3		7:35 a.m.
Arrive At School		7:40 a.m.
Depart The School		7:42 a.m.
Bus # 5 Harris Heights		
Depart Motor Pool		7:10 a.m.
Foulois Road Stop # 1 -2		7:15 a.m.
Birkhead Road Stop # 3		7:17 a.m.
Lang Road Stop # 4		7:18 a.m.
Forage Road Stop # 6 & 8		7:20 a.m.
Arrive At School		7:24 a.m.
Depart The School		7:26 a.m.
Foulois Road Stop # 1 - 2		7:32 a.m.
Birkhead Road Stop # 3		7:34 a.m.
Lang Road Stop # 4		7:35 a.m.
Forage Road Stop # 6 & 8		7:36 a.m.
Arrive At School		7:40 a.m.
Depart The School		7:42 a.m.
Bus # 6 Harris Heights		
Depart Motor Pool		7:10 a.m.
Ingram Road Stop # 5		7:15 a.m.
Forage Road Stop # 6		7:17 a.m.
Birkhead Road Stop # 7		7:18 a.m.
Forage Road Stop # 8		7:19 a.m.
Arrive At School		7:23 a.m.
Depart The School		7:25 a.m.
Ingram Road Stop # 5		7:30 a.m.
Forage Road Stop # 6		7:31 a.m.
Birkhead Road Stop # 7		7:32 a.m.
Forage Road Stop # 8		7:33 a.m.
Arrive At School		7:37 a.m.
Depart The School		7:39 a.m.

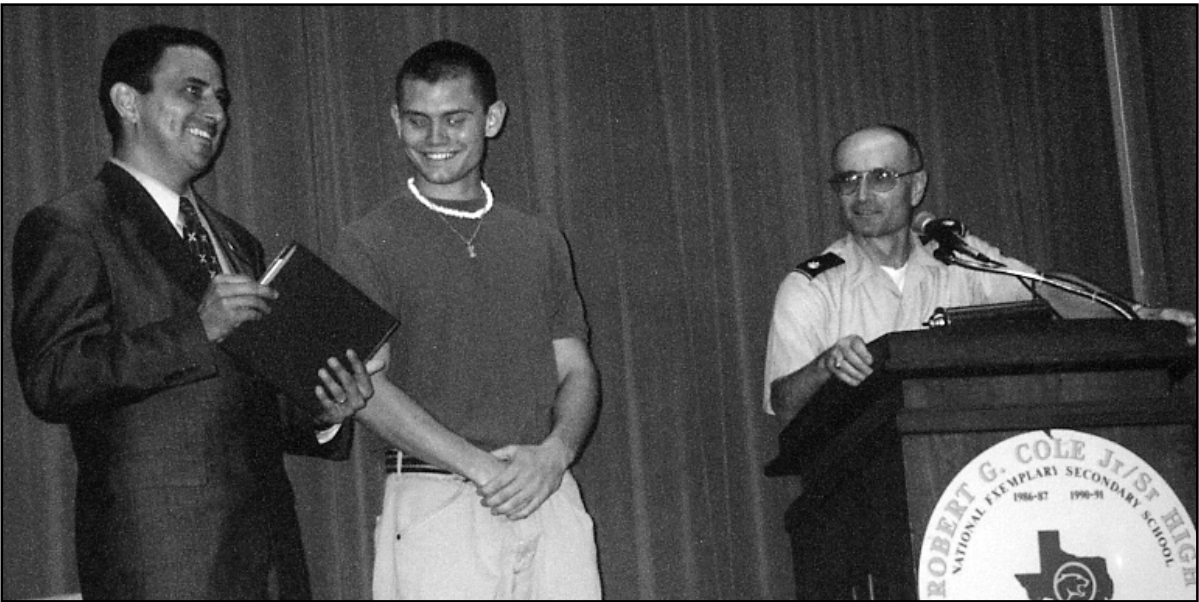


Photo by Gail Siller
Cole Student's outstanding academic performance earns them many tributes. Shown here is Cole principal Dr. Roland Rios congratulating Class of 2002 senior Joseph Gresenz as JROTC Sr. Instructor U.S. Army retired Lt. Col. Robert Hoffmann announces at the spring Cole Awards Ceremony that Gresenz has accepted an appointment to the United States Military Academy.

Fort Sam Houston Independent School District
Weekly Campus Activities
August 19 - 23, 2002

		Thursday, Aug. 22
Fort Sam Houston Elementary School		Open House for Grades 1-3 - 6 p.m.
Monday, Aug. 19		Kindergarten Orientation/Open House - 3:30 p.m.
Meet Your Teacher - 3 p.m.		
Tuesday, Aug. 20		Robert G. Cole Jr. / Sr. High School
First Day of School		Tuesday, Aug. 20
		First Day of Classes
Wednesday, Aug. 21		First Six Weeks Begin
Pre-Kindergarten Orientation/Open House - 10 a.m. and 2 p.m.		Friday, Aug. 23
		Cole vs Three Rivers FB Scrimmage at Cole - 6 and 7 p.m.

Fort Sam Houston Elementary School Bus Schedule 2002- 2003 Afternoon Schedule			
Bus # 1 Watkins Terrace		Bus # 5 Harris Heights	
Bus # 2 Watkins Terrace		Bus # 6 Harris Heights	
Bus # 3 Watkins Terrace		Depart Motor Pool	2:40 p.m.
		Arrive At School	2:50 p.m.
		Depart The School	3 p.m.
Depart Motor Pool	2:40 p.m.	Foulois Road	
Arrival At School	2:50 p.m.	Birkhead Road	
Depart School	3 p.m.	Lang Road	
Forbush Road		Ingram Road	
McMurray Road		Forage Road	
Return To School		Birkhead Road	
		Forage Road	
Depart The School	3:30 p.m.	Return To School	
Forbush Road			
McMurray Road		Depart The School	3:30 p.m.
Return To Motor Pool		Foulois Road	
Bus # 4 Patch/Chaffee		Birkhead Road	
		Lang Road	
Depart Motor Pool	2:40 p.m.	Ingram Road	
Arrive At School	2:50 p.m.	Forage Road	
Depart The School	3 p.m.	Birkhead Road	
Schaffer Road		Forage Road	
Chaffee Road		Return To Motor Pool	
Return To School			
Depart The School	3:30 p.m.		
Schaffer Road			
Chaffee Road			
Return To Motor Pool			
All buses will stop at all bus stops in each area.			
Each Wednesday is one-hour early dismissal.			
Students need to be at their bus stop prior to the scheduled time.			
Buses will load in front of school by the flagpole.			





Community events

Military Family Appreciation Nights, Aug. 21

General Mills is saying "Thank You" to the military by offering free tickets to the Missions Baseball game Aug. 21. Vouchers for the game will be available at Carlson Wagonlit (527-0848), the Fort Sam Houston Library and other MWR Facilities. Ticket vouchers will be redeemed at the Nelson Wolff Stadium for actual tickets. Call 221-2926 or 221-2307 to reserve tickets.

Volunteer Expo set for Aug. 22

The Officers' & Civilians' Spouses' Club of Fort Sam Houston, NCO Wives and BAMC Auxiliary will host their first combined Membership Super Sign Up & Volunteer Expo at the NCO Club Aug. 22, 10 a.m. to 1 p.m. Children are welcome and refreshments will be served.

Inside the Volunteer Expo we will have representatives from approximately 20 different programs such as spouses of retired or active duty, officers and enlisted personnel, who need our help as volunteers to keep them running.

The Purpose behind this membership drive and Volunteer Expo is to boost membership and volunteerism throughout the Fort Sam Houston Community. For more information or to reserve a table for your organization, call Julie McNeill at 666-8680.

Girl Scout Mounted Patrol Tryouts, Aug. 26

Join the "one-of-a-kind" troop in the nation, the Fort Sam Houston Girl Scout Mounted Patrol. Tryouts will be held Aug. 26, 6 p.m., at the Fort Sam Houston Riding Stables to fill eight positions on the troop. You do not have to be a Girl Scout, however, you must have military ID card, be at least 10 years old and know how to walk, trot, and canter a horse competently. For information, call Shawna Lillis at 445-5856 or 493-0389 or Mary Hughes at 286-7997 or (830) 253-1231.

Navy League Luncheon, Aug. 29

The Alamo Council, Navy League of the U.S. invites the public to a luncheon on Aug. 29 at the Fort Sam Houston Golf Club House on Harry Wurzbach Highway at noon. The keynote speaker is Rear Admiral David L. Brewer, III, Commander, Military Sealift Command. Cost is \$13 per person. For reservations, call Capt. Don Beck at 492-3696 or Jesse Rodriguez at 826-7192 before Aug. 26.

C.A.M.P. Golf Tournament, Sept. 7

The Children's Association for Maximum Potential (C.A.M.P.) 9th Annual Golf Tournament will be held Sept. 7, 1 p.m. shotgun start, at the Tapatio Springs Resort and Conference Center. The four-player scramble cost is \$125 per person, seniors 65 and older, \$100. Deadline to sign up is Aug. 23. The funds raised from this event are used to support children with disabilities at the C.A.M.P. For information, call (210) 292-3571 or 292-3566.

24th Infantry Division Association Annual Reunion, Sept. 18-22

The 24th Infantry Division Association will hold its annual reunion Sept. 18-22 at the Adams Mark Hotel, 9103 East 39th Street, Kansas City Mo. 64221. For information contact Wes Morrison, reunion coordinator, at (831) 384-0139, e-mail wesm8@aol.com, Fax (831) 883-2156 or at 452 Gloria Circle, Marina, CA 93933. You may also contact Johnny Rodriguez, site chairman at (913) 262-7972, address: Rosendale P.O. Box 3464, Kansas City, MO 66103.

San Antonio Military Community Job Fair, Sept. 29

More than 100 employers are expected for the San Antonio Military Community Job Fair Sept. 25, 9:30 a.m. to 3 p.m. at the Live Oak Civic Center, 8101 Pat Booker Road. The job fair is sponsored by the Fort Sam Houston Army Career and Alumni Program, the Randolph and Lackland Air Force Base Transition and

Career Focus Programs, Webster University Alumni Association and the Texas Workforce Commission. For information call the Army Career and Alumni Program at 221-1213.

Volunteers needed

BOSS Seeks Single Soldiers

The Better Opportunities for Single Soldiers (BOSS) meetings are held on the 1st and 3rd Wednesday of every month at 2:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established at the installation to provide soldier input to the commander, who will use the committee's recommendations to improve single soldier's Morale, Welfare and Recreation programs to enhance quality of life. For more information, contact the current BOSS president Spc. Jeffrey Briere at 637-2229.

BAMC Seeks Partner in Healing Volunteers

BAMC seeks volunteers to provide in-house patient transportation. Nurses rely on the patient transport program to stay on the wards and focus on quality patient care. Join the kind and dedicated team of volunteers who provide this important service to the patients. Call 916-5083 to become a BAMC Partner in Healing.

MOPH Alamo Chapter 1836 Meeting, Sept. 7

The Military Order of the Purple Heart, Alamo

Meetings

Chapter 1836, will hold its monthly meetings at the Roadrunner Community Center, Bldg. 2797 beginning at 10 a.m. The following are the meeting scheduled dates for the remainder of the year: Aug. 3, Sept. 7, Oct. 5, Nov. 2 and Dec. 7. Members of the MOPH, who do not have a DoD sticker on their vehicle, should enter FSH through the Walter's gate entrance to obtain a pass.

In the classroom

ESL classes taught at the Roadrunner

English as a Second Language classes are held on Fort Sam Houston at the Roadrunner Community Center and are free. They are designed especially for foreign-born spouses to increase reading comprehension, vocabulary, and pronunciation. Classes are appropriate for beginner, intermediate and advanced students with individualized group instruction. The Army Community Service Relocation Assistance Program and the Region 20 Education Center sponsor classes. To register, call 221-2418.

Ergonomic Training Class re-scheduled for Aug. 20

The Ergonomic Class previously scheduled for July 25 was re-scheduled for Aug. 20, 8:30 a.m. at the Roadrunner Community Center, Bldg. 2797, Stanley Road. To register for class, call Richard Edges at 221-0563.

Next AKO/SmartForce Briefing, Aug. 22

The Army announces a partnership license with SmartForce; a state-of-the-art computer based training learning infrastructure, which customizes training for individuals, while the learning experience ensures that knowledge is delivered in a fast effective way. AKO/SmartForce briefings will be held in Blesse Auditorium Aug. 15 and 22 from 8:30 to 10 a.m. For information call 221-8945.

Fall Children's Vegetable Garden Session starts Aug. 24

The Fall Children's Vegetable Garden Session begins Aug. 24 and meets every Saturday morning from 9 to 11 a.m. until June. Class size is limited to 120 young gardeners and participants should be committed to attend every Saturday. Registration fee is \$5. For information call 207-3255 or register at the Botanical Center.

Questions about menopause?

The Health Promotion Center and the Women's Health Clinic invite you to attend a class to discuss the many aspects of menopause. This class will be held in the BAMC Health Promotion Center (3-W) on Sept. 9 from 5 to 7 p.m. Guest speakers will be Maj. Heather Williams, MD, OB/GYN and Lt. Col. Barbara Hector,

Women's Health Nurse Practitioner. For reservations call 916-3352.

Otras Cosas

Enjoy a \$1 dinner at USO

The USO offers a \$1 dinner every Saturday at 6 p.m. Enjoy a great "home cooked" meal and then explore what downtown San Antonio has to offer or take advantage of free pool and foosball tables, movies, game room and family room. The USO is open to all military personnel and their families Wednesday, Thursday and Sunday from 9 a.m. to 5 p.m. and Friday and Saturday from 9 a.m. to 11:30 p.m. For more information, call the USO at 227-9373.

E-mail Lists Tell What's New for Kids at Science Websites

The Agricultural Research Service has now made it easy to know when something new is posted on the agency's popular Websites geared for kids. The Websites area geared mainly for kids age 8 to 13 and is designed to nurture an interest in science and explaining, often in playful ways, how science affects everyday life and why it can make an interesting career. Science for Kids is at <http://www.ars.usda.gov/is/kids>. The Spanish Website is <http://www.ars.usda.gov/is/espanol/kids>.

Central Issue Facility Section Inventory Aug. 19 through 23

The Central Issue Facility Section (CIF) Property Management Branch, Supply and Services Division, Readiness and Logistics Business Center will conduct a 100 percent inventory beginning at noon Aug. 19 through 23. During this period, no classes are scheduled and CIF will be closed. Emergencies should be brought to the attention of Chief, Property Management Branch, Vanessa C. Alford at 221-3022

ITBC to upgrade microwave tower at Camp Bullis, Aug. 23

The Information Technology Business Center (ITBC) will upgrade the microwave tower at Camp Bullis on Friday evening, Aug. 23, between 6 p.m. and midnight. This upgrade will expand the bandwidth capability and improve overall communications to Camp Bullis customers. During this upgrade, there will be no interruption to emergency call traffic (e.g., 9-1-1 calls). However, all other data and telephone traffic into and out of Camp Bullis will be severed for the upgrade period. Telephone and data communications internal to Camp Bullis will not be affected. For more information contact Paul Burrer, ITBC Deployment Division Project Manager at 221-4343.

Read Across Texas at the Fort Sam Houston Library

The Fort Sam Houston Library is conducting its annual summer reading program for children in pre-school through eighth grades. The program is designed to keep youngsters reading throughout the summer. Register at the Fort Sam Houston Library and keep track of all the books you read. Children enrolled in the program can earn a brand new book, a certificate and a "Read Across Texas" T-shirt. For more information call the Library at 221-4702 or 221-4170.

U.S. Navy Cruiser Sailors Association seeks crewmembers

The U.S. Navy Cruiser Sailors Association is attempting to locate any and all cruiser crewmembers living in the San Antonio metropolitan area. Cruiser crewmembers may contact Jim Patin, Sr. at 210-656-4410 for information on time and dates of the monthly meetings.

Monthly meetings of the San Antonio Cruiser Sailors Chapter of the U.S. Navy Cruiser Sailors Association, promoting comradeship and the spinning of war stories, are held monthly at Schubert's Cafeteria, 9999 Perrin Beitel, San Antonio, Texas. All prior or current military personnel of all services are welcome.

Oliver North to autograph books at PX, Sept. 15

Oliver North be at the Fort Sam Houston PX on Sept. 15, at 2 p.m. to autograph copies of his latest book, "Mission Compromised."